

# FOLLOW THE SIGNS PROTECT YOUR HEARING



**WALK AWAY  
FROM THE NOISE**



**TURN DOWN  
THE VOLUME**



**WEAR EAR  
PROTECTION**

**October Is National Protect Your Hearing Month**

Visit [www.HowsYourHearing.org](http://www.HowsYourHearing.org) to find an audiologist near you  
or to learn more about a career in audiology.

**American Academy of Audiology**