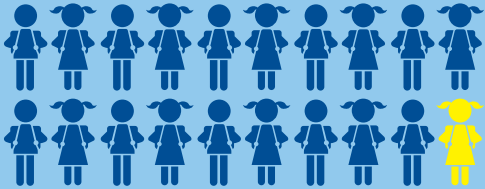


Could Your Child Be Dizzy?



1 in 20 (nearly 3.3 million) U.S. children have a dizziness or balance problem.¹

OTHER INDICATORS OF DIZZINESS OR BALANCE ISSUES

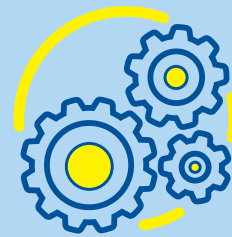
- Reading and/or math deficits,⁵
- Poor spatial and/or bodily awareness,⁶
- Poor attention,⁷
- Anxiety/depression,^{8/9}
- Acute or chronic headache/migraine.¹⁰

COMMON RISK FACTORS



Sensorineural Hearing Loss²

Children with hearing loss are **twice as** likely to have dizziness or balance problems.¹



Delayed Gross Motor Milestones³

It can take children with **vestibular dysfunction 2 to 30 months** longer to meet gross motor milestones.



Chronic Ear Infections⁴

According to research, **balance function** is typically **poorer in the presence of ear infections.**

WHAT TO DO

Discuss a referral to an audiologist with your pediatrician.



Connect with an Audiologist Near You!

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www.audiology.org

ENDNOTES

- ¹ Li CM, Hoffman JJ, War BK, et al. (2016) Epidemiology of dizziness and balance problems in children in the United States: A population-based study. *J Pediatr* 171:240–247.
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- ⁴ Casselbrant ML, Furman JM, Rubenstein E, Mandel EM. (1995) Effects of otitis media on the vestibular system in children. *Ann Otol Rhinol Laryngol* 104:620–624.
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- ⁹ Ketola S, Havia M, Appelberg B, Kentala E. (2007) Depressive symptoms underestimated in vertiginous patients. *Otolaryngol Head Neck Surg* 137(2):312–315.
- ¹⁰ Brodsky J, Cusick B, Zhou G. (2015) Evaluation and management of vestibular migraine in children: experience from a pediatric vestibular clinic. *Eur J Paed Neurol* 20.